

## Symptoms of Sinusitis

**S**inuses are hollow air tooth decay in the skull. There are eight like empty spaces in the human head. The cavities which become swollen during attacks of **sinusitis** are referred to as the paranasal sinuses. Two of these are based in the forehead and are called the frontal sinuses. Another two are within the cheekbones and are known as the maxillary sinuses.

### Sinusitis Symptoms

**Sinus symptoms** are quite normal during a cold or the flu, but in most cases they are due to the effects of the infecting virus and solve when the infection does. It is important to differentiate between **inflamed sinuses** associated with cold or flu virus and sinusitis caused by bacteria.



The signs and symptoms which have been associated with the diagnosis of sinusitis include one to two from the following:

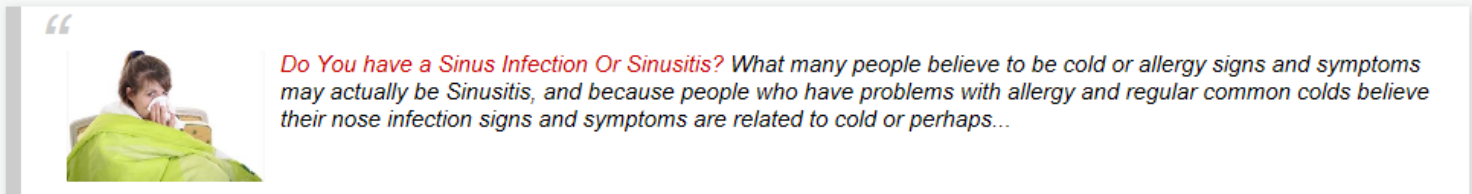
Sinusitis-symptoms include facial pain, headaches, thick nose waterflow and drainage, coughing, problems inhaling and exhaling due to incorrect sinus drainage, and postnasal drip. Other signs are bad breath, sensitivity to be able to light, sore throat, inflamed eyelids and fatigue.

- There are usually four sinus cavities: the frontal, maxillary, ethmoid and sphenoid.
- Since each sinus has its own pain signals, specific sinusitis signs and symptoms depend on which nose is affected.

Sinusitis is the inflammation of the membrane lining of virtually any nose, especially one of the paranasal sinuses. Antibiotics and decongestants are effective in curing severe sinusitis whereas patients with **chronic sinusitis** have to go through at least four repeated episodes of acute sinusitis.

### Stuffy Nose and Trouble Breathing With Cold for Longer Than a Week.

Green or yellow nasal discharge sometimes with blood .



### Pain or Strain in or Around the Eyes and Forehead.

You are greeted with **headaches** in the morning, it could be a typical manifestation of sinusitis. Do you face pain when your your forehead on the frontal sinuses is touched? It could indicate that your frontal sinuses tend to be painful. Other symptoms of sinusitis are: weakness, fever, tiredness, **nasal congestion** and a cough that is more serious at nights. Understand that acute sinusitis could cause **brain infection** as well as other serious problems. Symptoms with regard to ethmoid **sinus infection** include: swelling around the eyes, swollen eyelids, loss in smell and also pain between the eyes. Signs for **sphenoid sinus infection** include: neck of the guitar pain and also earaches.



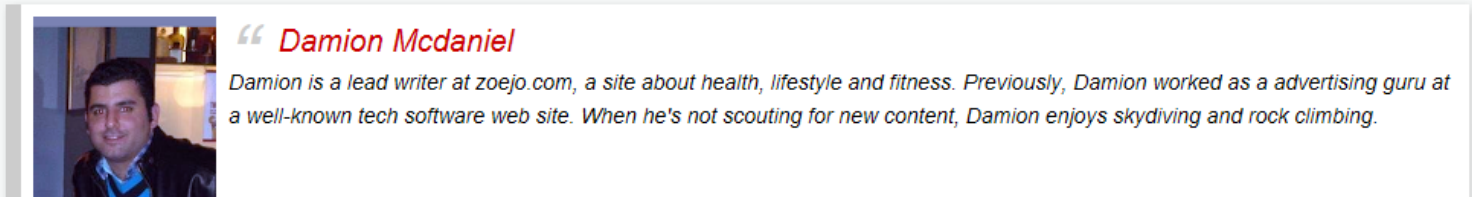
### SinusitisSymptoms SinusitisSinusitis SymptomsChronic

- The main the signs of sinusitis certainly are a runny or stuffy nose and pain and pressure in your head and face.
- You may also have a yellow or green drainage or drop out of your nose or down the back of your throat (post-nasal discharge).
- In places you feel the pain and tenderness depends on which sinus is afflicted.

Victims of chronic sinusitis might have the following signs and symptoms for 12 months or even more: face pain/pressure, face congestion/fullness, sinus obstruction/blockage, thick nasal discharge/discolored post-nasal waterflow and drainage, yellow ecofriendly mucous, pus in the nasal cavity, hoarseness, cough, snoring and at times, a fever. They may also have headaches, bad breath, and fatigue.

**“ Symptoms of sinusitis include head ache, hearing aches, tooth ache, facial pain, cranial pressure, loss of the sense of smell, tenderness over the forehead and cheekbones, and occasionally a high temperature. At times sinusitis generates a swollen face then a stuffy nose and thicker release of mucous. Swelling around the eyes will be a serious sign. In the event that left untreated, sinusitis can lead to asthma, respiratory disease, pharyngitis, laryngitis, pneumonia or additional respiratory system disorders.**

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